

Pilates Mat

	ΔΕΥΤΕΡΑ	ΤΡΙΤΗ	ΤΕΤΑΡΤΗ	ΠΕΜΠΤΗ	ΠΑΡΑΣΚΕΥΗ	ΣΑΒΒΑΤΟ
9:00		Pilates Mat (All Levels)		Pilates Mat (All Levels)		
10:00						
11:00						
17:00						
18:00	Pilates Mat (All Levels)	Pilates Kids	Pilates Mat (All Levels)	Pilates Kids		
19:00		Pilates Mat (All Levels)		Pilates Mat (All Levels)		
20:00		Pilates Mat (All Levels)		Pilates Mat (All Levels)	Pilates Mat (All Levels)	
21:00						

Pilates Equipment

	ΔΕΥΤΕΡΑ	ΤΡΙΤΗ	ΤΕΤΑΡΤΗ	ΠΕΜΠΤΗ	ΠΑΡΑΣΚΕΥΗ	ΣΑΒΒΑΤΟ
9:00				Pilates Equipment (All Levels)		
10:00	Pilates Equipment (All Levels)	Pilates Equipment (All Levels)		Pilates Equipment (All Levels)	Pilates Equipment (All Levels)	
11:00						
17:00						
18:00		Pilates Equipment (All Levels)		Pilates Equipment (All Levels)		
19:00	Pilates Equipment (All Levels)	Pilates Equipment (All Levels)	Pilates Equipment (All Levels)	Pilates Equipment (All Levels)	Pilates Equipment (All Levels)	
20:00		Pilates Equipment (All Levels)		Pilates Equipment (All Levels)		
21:00						